

Alison (Ali) Sheen-Thomas, LCSW
1140 36th Street Suite 114
Ogden, Utah 84403
(801) 430-0458

EMPLOYMENT HISTORY

Private Practice

03-06 to present

Child Custody Evaluator-Child and Family Therapist-Provide child custody evaluations conducted in accordance with the Code of Judicial Administration, Rule 4-903. Provide individual and family therapy to specifically address attachment related issues, family divorce, trauma, and emotional dysregulation. Provide therapeutic visitation to teach healthy forms of attachment, positive parenting and relationship rebuilding between parent and child. Act as an expert witness in cases which end in trial.

Tristan Inc.

01-04 to present

Clinical Director--Children and Youth Therapist-Provide individual, family therapy, and therapeutic family visits to children and their families. Specializing in Attachment Disorder, childhood trauma and transracial adoption/foster placements. Provide mental health assessments with mental health diagnosis, treatment planning, coordination of services with allied agencies and/or support services. Treatment philosophy is derived from Dialectical Behavior Therapy, Functional Family Therapy, and Cognitive-Behavioral Therapy. Expert witness in family court cases involving custody issues (i.e. reunification, support services, parental right termination). Oversee clinical program and staff to ensure progressive clinical interventions and outcomes.

Davis Behavioral Health

05-03 to 05-08

Adult Outpatient Therapist-Provide individual outpatient therapy to SPMI and Medicaid clients. Diagnose mental health disorders and formulate treatment plans. Formulation of mental health assessments to include psychological, biological, social and spiritual aspects. Coordination of services with allied agencies and psychiatric staff. Treatment philosophy is derived from a strengths perspective, which incorporates interventions such as dialectical behavior therapy, cognitive restructuring, motivational interviewing, and relapse prevention.

Women's Recovery Center Therapist-Provide individual and group therapy to dually diagnosed women in residential, day treatment, and outpatient setting. Diagnose mental health disorders to include Axis I A&D, formulate treatment plans, provide structure and support for therapeutic milieu. **Crisis Team**-Assess clients in crisis either by phone, walk-in, or hospital emergency room. Assess level of dangerousness, current life stressors, history of mental illness, safety. Determine level of care and needs for the client. Consult with doctors to determine psychiatric hospitalization needs, educate family members and support systems on plans for safety. Document findings and disposition. Assess commitment status.

Assessment and Psychotherapy Associates

06-03 to 02-03

Adult Outpatient Therapist-Worked specifically with men and women recently released from prison or jail in group setting. Therapeutic groups consisted of Relapse Prevention Skills, Domestic Violence, and Anger Management. Assess progress in treatment. Reported to parole/probation officers.

Division of Youth Corrections

08-98 to 05-03

Counselor III-As a shift leader and supervisor of counselors, job duties included: providing a safe, structured environment for residents and staff, work to problem solve and apply crisis intervention when necessary, facilitate group counseling sessions, provide individual and family counseling, ensure positive communication with parents and allied agencies, provide training for new employees in regards to facility and Division policy and procedure, evaluate and provide feedback to all counselors under my supervision, development and assessment of programming.

EMPLOYMENT HISTORY Cont.

Youth and Family Centered Services

05-93 to 08-98

Marketing and Admissions Team Member-Consulted with clients to determine their needs and priorities in regards to the children they were accountable for. Demonstrated effective presentation skills by having a strong knowledge of the youth services program and juvenile justice system. Demonstrated skillful communication and negotiation. Identified problems, diagnosed causes, and determined corrective actions, which were necessary in providing effective customer service to caseworkers and youth in custody.

Regional Administrator Region 1 and 2-Administered all functions of the regional office to include: supervision of all youth counselors and proctor parents. Ensured each youth was provided an extensive continuum of safe, effective, community based services. Applied crisis intervention techniques when needed. Conducted training for all employees. Responsible for all human resource activities for employees under my supervision. Maintained regional budget, revenue, and expenses. Conducted internal investigations and audits. Applied problem-solving skills to identify facts, explore options, and implement solutions.

Support Services Coordinator/Youth Counselor-Hired and trained all residential treatment parents. Direct supervisor of residential treatment parents. Provided support and direction in times of crisis. Provided a structured, safe, learning environment for youth in my care. Modeled appropriate social and professional skills. Coordinated all medical, dental, educational, and mental health needs. Linked youth to these services. Monitored appropriate and inappropriate behaviors in regards to youth/authority and youth/peer relationships. Assessed physical, emotional, and mental health needs of youth.

Avatar inc.

06-90 to 05-93

Rehabilitation Therapist-Provided a safe, structured learning environment to individuals with mental and physical disabilities. Taught appropriate daily living and social skills to clients, facilitated groups, programming and activities.

PRACTICUM-INTERNSHIP HISTORY

Davis Behavioral Health

08-02 to 05-03

Adult Outpatient Therapist-Provided individual outpatient therapy to SPMI and Medicaid clients. Diagnose mental health disorders and formulate treatment plans. Formulation of mental health assessments to include psychological, biological, social and spiritual aspects. Coordination of services with allied agencies and psychiatric staff. Treatment philosophy is derived from a strengths perspective, which incorporates interventions such as cognitive restructuring, motivational interviewing, and relapse prevention.

CASIE Program - Davis County School District

08-01 to 04-02

School Social Worker-Provided individual and family therapy to elementary aged youth who were placed in an alternative education program. Facilitated group therapy to include social skills development, communication skills, anger management, and self-esteem building. Assessed individual clients for mental health needs and diagnosed using DSMIV-TR criteria. Provided programming alternatives and behavior modification ideas to primary teachers.

EDUCATION

University of Utah---Salt Lake City, Utah
Graduate School of Social Work
Graduated May 2003
Overall GPA 3.883

Weber State University---Ogden, Utah
Major---Social Work Minor---Criminal Justice
Graduated BSW Fall 2000
Social Work GPA 3.8 Overall GPA 3.3

PRESENTATIONS AND TRAINING FACILITATOR

Spring Mental Health Conference May 2006---Park City, UT
Title---Dialectical Behavior Therapy for Adolescent Females

Davis Behavioral Health March 2004---Layton, UT
Title---Relapse and Recovery

LICENSES, ACHIEVEMENTS, CERTIFICATIONS

Licensed in State of Utah---Licensed Clinical Social Worker
Member NASW
Nominated Practicum Student of the Year---2002
Member Phi Alpha Honor Society---position of treasurer held
First-aid and CPR certified
Targeted Case Management Certified
Positive Control Certified
Developed treatment programming / skills development programming for YFCS

REFERENCES

Available upon request.