

**LANA R. WALTERS, LCSW, PC**  
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**EDUCATION:** Weber State University, Ogden, UT  
Bachelor of Science Degree; Education, Music, and Social Work  
University of Utah, Salt Lake City, UT  
Master of Social Work Degree  
Licensed Clinical Social Worker, State of Utah 1989 to present

**AREAS OF EXPERTISE, TRAINING AND CERTIFICATION:**

- Psychiatric Disorders; Personality Disorders, Mood Disorders, Anxiety Disorders, Dissociative Disorders, Childhood and Adolescence Disorders, Substance-Related Disorders, Cognitive Disorders, Schizophrenia and other Psychotic Disorders, Depressive Disorders, Bipolar Disorders, Eating Disorders, Relational Problems, and Adjustment Disorders, Sexual, Physical and Emotional Abuse issues; Self-esteem and Identity issues; Developmental Stages for adolescents and children; Parenting; Grief and Adjustment issues; and Domestic Violence
- Design, implementation, and administration of inpatient and outpatient treatment programs and educational classes with children, adolescents, adults, and families; individuals, couples, and groups
- Child Custody, Visitation, and Adoption Evaluations
- Mental Health, and Substance Abuse Evaluation and Assessments with children, adolescents, adults, parents, and families
- Critical Incident Stress Management, certified with International Critical Incident Stress Foundation, Inc
- Divorce and Child Custody Mediation, certified with CDR Associates, Boulder, CO
- Clinical Hypnosis, certified with Milton H. Erickson Foundation, Inc., Phoenix, AZ
- MMPI-2, Forensic and Clinical Application, Child Custody Evaluations, Administration, Scoring, and Interpretation, Department of Psychology, Kent State University, University of Minnesota
- Conducting Child Custody Evaluations; content, format, procedures and testing, certified by Specialized Training Services, Inc. San Diego, CA

I have accumulated approximately 1200 post graduate continuing education hours since receiving the Social Work Clinical License. I have worked with children, adolescents, adults, couples, and parents in a variety of inpatient and outpatient treatment, evaluation and assessment settings. Some of these include: Veterans of WWII, Korean War, Viet Nam, and Desert Storm, and their families; county welfare recipients and their families in depressed areas of the east; nursing home patients and their families; court ordered ungovernable children and adolescents in a state hospital; court ordered chronic and acute psychiatric adults, adolescents and children in a state hospital; court ordered forensic state hospital patients/penitentiary inmates with homicide, assault, armed robbery, and/or drug convictions; and children and adolescents in the public school system, in a private psychiatric hospital, and in court ordered inpatient and outpatient treatment programs for behavioral, psychiatric, and substance abuse issues.

## **EXPERIENCE:**

- 2004 to Present: Private Practice  
Child Custody, Visitation, and Adoption Evaluations; Co-Parenting Education; Divorce, Family and Child Mediation; Critical Incident Stress Management; and Evaluation and Assessment, Ogden, UT
- 1991 to 2004: Private Practice  
Child Custody Evaluations; Divorce, Family and Child Custody Mediation; Individual, Group, Family, and Couples Outpatient Treatment Therapy; Evaluation, Assessment Treatment for Adults, Adolescence and Children; Assessment, Consultation, and Outpatient Treatment for Adolescents in State Custody; and Critical Incident Stress Management; and Lectures and Presentations to Corporations regarding Mental Health Issues, Brigham City, UT and Ogden, UT
- 1990 to 1991: Program Director  
Chemical Dependency Outpatient Treatment Program for Adults, Saint Benedicts/Holy Cross Hospital, Salt Lake City, UT
- 1988 to 1990: Program Director  
Chemical Dependency Inpatient Treatment Program; Outpatient Crisis and Assessment; and Outpatient Marital, Family and Individual Treatment with Adults, Adolescents and Children, Western Institute of Neuropsychiatry, Layton, UT
- 1986 to 1988: Psychotherapist  
Private Psychiatric Hospital, Inpatient and Outpatient Treatment Programs; Individual, Group and Family Therapy with Children, Adolescents and Families, Rivendell of Utah, West Jordan, UT
- 1982 to 1986: Psychiatric Social Worker  
Inpatient Case Management; Court-Ordered Evaluations; and Individual, Group and Family Therapy with Adults, Adolescents and Children on the Adolescent, Psychiatric, and Forensic Units, Wyoming State Hospital, Evanston, WY
- 1980 to 1982: Master Student Intern  
Individual, Group and Family Therapy with Veterans on the Inpatient Substance Abuse Treatment Unit, Veterans Administration Medical Center, Salt Lake City, UT
- 1980 to 1982: Master Student Intern  
Individual and Group Therapy, Evaluation and Assessment with Elementary and Junior High School Students, Davis County School District, Farmington, UT
- 1979 to 1982: Social Service Worker  
Services to Veterans and Families, Veterans Field Service Center, Weber State University, Ogden UT, and Individual and Family Counseling with Patients and Families, Wasatch Care Center, Ogden, UT

